

Our Coaches

With a Ph.D. in organizational psychology, Dr. Jasmine focus on establishing positive and productive work environments that promote employee well-being and organizational success. On this premise Advancing.sg was founded. Her areas of expertise include Organizational Health, Culture & Change Management, Leadership, and Team development.

She was recognized for her passion for organizational and people development with the 'Talented Young Organizational Psychologist' award by the Colegio Oficial de Psicólogos de Madrid in 2016 and has also been awarded two prestigious scholarships: the Erasmus Mundus Scholarship from the European Commission for and the FPU Scholarship from the Spanish Government.

Before embarking on her postgraduate studies, Dr. Jasmine worked with organizations as a trainer and facilitator for more than 10 years. During this time, she trained over 200,000 professionals and managers, covering topics such as Management, Leadership, Team Development, and Change Management. Her recent clients include OmanTel, Woodlands Health, SG Enable, SPH Limited, MOE, Academy of Singapore Teachers, Thekchan Choling, Fei Yue Community Service, Starhub, and Ngee Ann Polytechnic.

Dr. Jasmine's passion for people and organizations has driven her to embark on Organizational Relationship and System Coach (ORSC) training and is currently pursuing professional coaching certification through International Coaching Federation (ICF).



Dr. Jasmine Low

Ph.D. Org Psyc, PDTD, ACLP, ORSC Pr. , DISC

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The secret of **change** is to focus all your **energy** not in fighting the old but on **building the new**

-Socrates



Professional Development

- 2022 Organization · Relationship, & Systems Coaching
(CRR Global)
- 2020 WSQ Advanced Certificate in Learning & Performance
- 2020 Design Thinking Facilitator
(Design Thinking Academy)
- 2020 PEARL Mindset for Critical Thinking & Change Coach
(Thrive Consulting)
- 2010 Certified Behavioural & Career Consultant *(IML)*
- 2009 Habits of Mind Trainer Program
(ArtCosta Centre for Thinking)
- 2007 Foundational (Process) Facilitation *(FNS)*
- 2004 Certified people Developer Assessor & Manager
(SPRING Singapore)
- 2002 Professional Cert in Designing & Facilitating Experiential Learning *(STADA)*

Education

- 2015-2019 Ph.D. in Human Resources Psychology
[Cum Laude & International Mention]
(Universidad de Valencia, Spain)
- 2012-2014 Erasmus Mundus Master in Work, Organizational, and Personnel Psychology
(Universidad de Valencia, Spain & Università di Bologna, Italy)
- 2008-2011 Bachelor of Arts in Psychology with Double Minors in Organizational Psychology and Marketing Management
(Murdoch University, Australia)
- 2003 Professional Diploma in Training and Development
(Singapore Training and Development Association - STADA)

Publications

- The Changing Role of Personal Resources in Perceived Employability of Young People in Different Labor Conditions
Journal of Work and Organizational Psychology
May 27, 2020
- Validating the Career Adapt-Ability Scale in Mexico and examining the relative importance of career adaptability and employability in career success.
Revista Psicologia Organizações e Trabalho
Feb 4, 2020
- Job preservation efforts: when does job insecurity prompt performance?
Career Development International
Oct 15, 2019